

COUNSELORS

Ms. Harper	A - C
Mr. Lambert	D - I
Mr. Orr	J - M
Ms. Myers	N - Sk
Ms. Horton	Sl - Z

PSYCHOLOGIST

Mr. Meyers	All Grades
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Sunset Ridge Middle School

OCTOBER 2017

UPCOMING EVENTS

- 10/4 - Dress as a Superhero
- 10/5 - MESA, 3:00 p.m.
- 10/11 - Wear Camo
- 10/11 & 12 - Student Led Conferences
- 10/13 - NO SCHOOL
- 10/17 - Fall picture make-ups
- 10/18 - Wear Neon
- 10/19 & 20 - Fall Break
- 10/25 - Wear Orange, National Unity Day
- 10/27 - End of 1st Quarter - NO SCHOOL
- 11/1 - Reality Town

Follow us on Facebook:

www.facebook.com/srmsfalcons (Facebook page name is SUNSET RIDGE MIDDLE SCHOOL)

or

[Twitter@FalconSRMS](https://twitter.com/FalconSRMS)



Reality Town is coming to Sunset Ridge on November 1st. Reality Town is a simulation game for 9th graders during which they are posed with real-life financial concerns that they must find answers for.

VOLUNTEERS STILL NEEDED! If you are available to help, please contact the Counseling Center at **801-412-2485**

MESA will be meeting on October 5 @ 3:00 p.m. for another great month of **Mathematics, Engineering, and Science** related activities!



Students will be allowed to dress in costumes for Halloween, but remember, costumes **MUST** follow dress code guidelines. These include no masks, weapons facsimiles, they must cover the shoulders and come to mid-thigh.

October is **NATIONAL ANTI-BULLY MONTH!** If you are being bullied, tell them to stop, get away from the situation, and tell a trusted adult or text 385-226-8286. **MOST IMPORTANTLY - IF YOU SEE BULLYING, STAND UP FOR THE PERSON BEING BULLIED. GO UP TO THEM AND SAY, "LET'S GO!"**

Scholastic
Publishing



Student Poetry Contest

Over \$4000.00 in Prizes!

\$500 First Place In Each Grade Division: 3-5 6-8 9-12

Cash prizes for entering \$25 – \$150

School with highest participation level wins a new computer

Teachers can win a \$500.00 Bonus!

Entry Form

please cut out and staple to poem

PLEASE PRINT



First Name: _____

Last Name: _____

Mailing Address: _____
(do not use school address)

Apartment # _____

City: _____ State: _____ Zip: _____

Poem Title: _____

Grade: _____

School Name: _____

Teacher's Name: _____

Student's Email: _____

FREE TO ENTER

Mailing Deadline: November 8, 2017

Please mail entries to:

PO Box 582, Tarpon Springs, FL 34688

Online entries may be submitted through
November 15, 2017 at

www.scholasticpublishing.org

Each student may submit only one original poem on any subject, of no less than 2 lines and no more than 20 lines, in any form other than concrete or blackout. Offensively graphic poems or those containing profanity will not be accepted. Complete rules and restrictions are posted online.

Winning entries will appear on our website on April 6, 2018.

Prize winners will be notified via email.

TEACHERS:

Please visit www.scholasticpublishing.org for important information on combined mailings, participation certificates, and the \$500.00 "Teacher's Bonus" awards.

www.scholasticpublishing.org
PO Box 582, Tarpon Springs, FL 34688

The Book Whisperer

Hey Book Lovers! Have you been keeping up on the Michael Vey series by Richard Paul Evans? The last book in this "electric" series is out, and the Book Whisperers group will be reading it during the month of October. For those unfamiliar with the series, Michael Vey is a teenager with electric powers. There are other electric children who have slightly different powers - some are on the side of good, and some are on the side of Hatch. Join us as we read and discuss the seventh book. We meet every Tuesday from 3:00 to 3:30 in the Jungle Pod, which is the south 7th grade pod. All grades are welcome, and you can come on board at any time. We love to have new members - we hope to see you there!



Zombie Apocalypse!! Scholarship

Our Zombie Apocalypse Scholarship is underway, and we are giving one successful "survivor" \$2,000 towards his or her college education. Do you think you have what it takes to make the cut?

Has "The Walking Dead" got you thinking what you might do if your streets were filled with flesh-eating zombies? Maybe you've envisioned your own post-apocalyptic world overrun with the living dead, forcing you to come up with a zombie survival plan - and quick! Hone in on those survival tactics and imagine what your school or college campus might be like in a zombie apocalypse. Our Zombie Scholarship Committee wants to know your plan to avoid the zombies, where you would hide (or maybe you don't need to), and the top five things you would bring to stay alive.

Applicants must:

- Be thirteen (13) years of age or older at the time of application
- Be legal residents of the fifty (50) United States or the District of Columbia
- Be currently enrolled (or enroll no later than the fall of 2023) in an accredited post-secondary institution of higher education

Submit an online short written response (250 words or less) for the question:

Award amount: \$2000
www.unigo.com

Deadline: October 31, 2017 Apply at :

The Zombie Apocalypse Scholarship winner will be notified by email or phone on or around January 31, 2018.

Falcon's Against Bullying

October Dress Up Days

October 4 - Be Somebody's Hero - Wear Superhero Attire

October 11 - Don't Hide, Stand Out! - Wear Camouflage

October 18 - It's Not Bright to Bully - Wear Neon

October 25 - National Unity Day - Wear Orange

Counselor's Corner

Bully Prevention

Did you know that October is National Bully Prevention month? What exactly is bullying? Bullying is defined as 1. Someone who attempts to have power over you with intent to hurt. 2. Causing harm, fear, abuse or property damage. 3. Bullying can be verbal, written, physical or electronic.

At Sunset Ridge we have many supports in place to see that every student feels safe in our school. The administration takes all threats of bullying seriously and encourages students who have been bullied or who witness bullying to report to any adult in the building. Students are also able to report bullying anonymously through the SAFEUT app. All bullying, cyberbullying, suicide, relationship difficulties or life challenges are answered by certified counselors 24 hours a day and reported to our administration and counseling office.

We hope that your child feels safe at Sunset Ridge Middle. If for some reason they are being bullied, here are some tips to follow:

1. Please make the administration aware so that they can correct the issue.
2. Tell your child that it is not their fault. No one deserves to be bullied!
3. Explain to your child not to fight back or bully a person back. It won't make things better and it will probably get them into trouble.
4. Remind them that "telling" about bullying is not "tattling". It is important to tell someone.
5. They should be aware that they shouldn't skip school or avoid friends and activities because they are afraid of the bully. They have every right to be there as much as the bully does.
6. Reach out to a school counselor who can speak with your child. They can arrange a student ambassador to help support your student through this time.

Website Resources:

National Bullying Prevention Center: www.pacer.org

Stomp Out Bullying, Change the Culture: www.stompoutbullying.org.

SAFE UT Smartphone App: www.healthcare.utah.edu/uni/clinical-services/safe-ut/