

Volume 3, Issue 3

November 2017



Sunset Ridge Middle School

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Happy Thanksgiving

Sunset Ridge Middle School Presents:

Cinderella!

Tickets available in the Main Office.

Cost: General admission, free; Reserved, \$2.00.

Performances are November 8th, 9th, and 10th, @ 6:00 p.m.

MESA

MESA will meet on
Thursday, November 9
@ 3 p.m.



COUNSELORS

Ms. Harper	A - C
Mr. Lambert	D - I
Mr. Orr	J - M
Ms. Myers	N - Sk
Ms. Horton	Sl - Z

PSYCHOLOGIST

Mr. Meyers	All Grades
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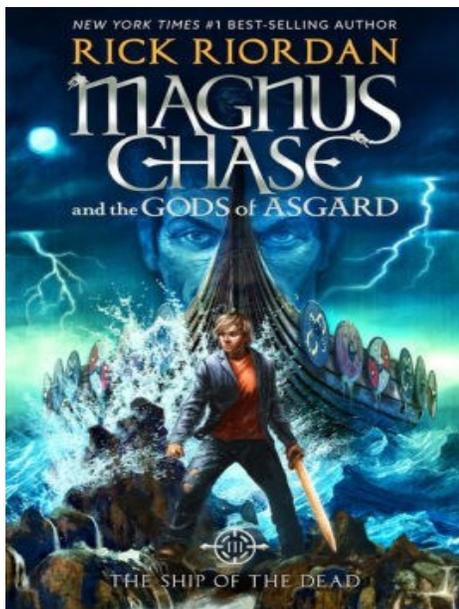
Upcoming Events

11/06	8th grade CCR's begin
11/08-10	Cinderella, 6 p.m.
11/08	Election Day
11/10	MESA Meeting - 3 p.m.
11/17	School Community Group, 6 p.m.
11/22-26	Thanksgiving Break

8TH GRADE PCCR'S SCHEDULED FOR NOVEMBER AND DECEMBER

What is a PCCR, you may ask? It stands for "Plan for College and Career Readiness". Each year, your student's counselor holds an individual conference with you and your student, where they talk about high school graduation requirements, careers that may interest your 8th grader, and also do some planning to help prepare your student for high school and beyond. Scholarships and paying for college are also briefly discussed, as well as courses of study at the Jordan Academy for Technology and Careers campuses. In October, the counselors visited in the 8th grade language arts classes, where each student completed a Holland RIASEC exercise, to help determine what area of interest matches up with what career fields. The students then chose 2 - 4 careers that interested them. These results will also be part of the PCCR. The students also "sketched out" their 4 year plan for high schools classes, using a new page on Skyward. Parents were given the opportunity to register online for an appointment. After that, they were assigned a time to meet with their counselor and child. If you need to change your appointment time, please call the counseling office at 801-412-2484. We look forward to seeing you at your student's PCCR.

BOOK WHISPERERS



Hey Book Lovers! Do you enjoy mythology? Do you like a good adventure with fighting, suspense... and talking swords? Then you won't want to miss the Book Whisperers November novel. We are reading Magnus Chase: The Ship of the Dead by Rick Riordan. This is the third book in the series about Norse mythology. Magnus has already defeated Fenris Wolf and retrieved Thor's lost hammer, but things are just getting more complicated. Loki is free of his chains and is getting the Ship of the Dead ready to sail against the gods of Asgard and cause Ragnarok, the end of the world. Magnus just might need the help of his cousin Annabeth and her boyfriend Percy Jackson if he is going to succeed! Join us every Tuesday from 3:00-3:30 in the Jungle Pod, which is the south seventh grade pod. All grades are welcome, and you can join at any time. We hope to see you there!

SUPERHERO SCHOLARSHIP

Have you ever wondered where you'd go if you could fly around downtown? Or maybe you daydream of secretly taking over the world - to each his own. For all of those hero lovers and villain enthusiasts, this super scholarship can give you the power to win free college money.

Use your imagination and become the superhero, or perhaps supervillain, you've always wanted to be. Would you live a life in a comic book universe or use your powers here in the real world? We want to know how you would use your super powers for good, or bad, even if it was just for the day.

While we can't give you the ability to walk through walls or read minds, our Superpower Scholarship can help increase your brainpower with \$2,500 to use towards education.

Applicants must:

- Be thirteen (13) years of age or older at the time of application
- Be legal residents of the fifty (50) United States or the District of Columbia
- Be currently enrolled (or enroll no later than the fall of 2024) in an accredited post-secondary institution of higher education

Submit an online short written response (250 words or less) for the question:

"Which superhero or villain would you want to change places with for a day and why?"

DEADLINE IS MARCH 31, 2018



Counselor's Corner: Study Skills

It is the beginning of the second quarter. How is your student doing? Are they struggling with organization and study skills? Here are some tips that can help your student succeed in middle school, high school and beyond.

Offer guidance.

Clearly communicate expectations of focusing on work and succeeding in school. Monitor your child's grades on Skyward often and be aware of individual teacher expectations. You can ask questions that lead your student to think of their own solutions, such as "What information do you need to do this assignment?" "Where do you think you should begin?" and "What did you try that didn't work?"

Help your child get organized.

Provide a place to study that is consistent. Make sure your child has – and uses – a planner to keep track of assignments. We gave each seventh grade student a planner at the beginning of the school year. There are extra planners in the counseling office that are available upon request. Help your child estimate how long assignments will take. Help them keep track of band practices and soccer games with planned studying scheduled in. Help your child break big projects down into smaller pieces. A larger research project will seem less overwhelming and will be less likely to be left until the last minute if it's done in manageable chunks, each with its own deadline.

Encourage using study strategies

Find notetaking strategies that work for your student. Various methods can be found on YouTube or by exploring on the internet. Various teachers will instruct students on notetaking skills. One type of notetaking system is the Cornell method. Google it to find out! Have your student practice active learning while studying by highlighting their notes, using Post-Its to mark passages, making study cards and mapping out concepts. Make memorizing interesting. Use mnemonic devices to remember concepts such as "Please Excuse My Dear Aunt Sally" for the order of operations (parenthesis, exponents, multiply, divide, add, subtract). Make sure your child knows the basics. If he is having trouble with the basic skills in math or reading comprehension, it will likely hurt his scores on reading and math tests.

Most students in middle school are moving toward independence and may not often ask for your advice. They often go through some trial and error until they find a study skill that works with their learning style. As a parent or guardian you can encourage your student to take responsibility for their own school work. You can help by monitoring homework, asking questions and helping them evaluate what works and what doesn't. Remember to be positive and focus on what is working and what successes they are experiencing!

Information in this article was retrieved from: www.greatschools.org/gk/articles/succeeding-in-middle-school.