

Sunset Ridge Middle School

VOLUME 3, ISSUE 1

SEPTEMBER 2017

COUNSELORS

Ms. Harper A - C
Mr. Lambert D - I
Mr. Orr J - M
Ms. Myers N - Sk
Ms. Horton SI - Z

PSYCHOLOGIST

Mr. Meyers All Grades

UPCOMING EVENTS

**9/04 - Labor Day,
no school**

**9/05 - 9/08 - School
musical auditions**

9/13 - Fall pictures

**9/13 - Musical par-
ent information
meeting, 5:15- 6:15
p.m.**

**9/14 - MESA, 3:00
p.m.**

**9/20 - Suicide Pre-
vention Parent
Night, 5:30 - 7:00
p.m.**

**9/22 - Mid-term, 1st
Quarter**

SAFE UTAH

Our bully text line has been replaced with a new, state-wide system known as SAFE UT. The Crisis line is staffed 24/7 by mental health professionals, so it will provide considerably more support than our old system did, and can help with relationship difficulties, depression and anxiety, loss and grief, school problems, drug and alcohol issues, self-harm, suicide, or any life challenge that is concerning you. It also will serve as the reporting system for bullying incidents. The phone number is **1.800.273.8255**, or you can download the app and chat through the crisisline. If you see or hear about something that should not be happening, please report it to SAFE UT. Make sure that you give enough details so that they can help. Tell them when, what and who the problem is. Remember, if you are not part of the solution, you are part of the problem. Help get it fixed!!

REALITY TOWN

VOLUNTEERS

NEEDED



We need **MANY** volunteers in order to make this program a success. If you would be interested in helping us out, call Ms. Horton at (801) 412-2494.

Reality Town is coming to Sunset Ridge on Wednesday, November 1. Reality Town is a simulation game for 9th graders during which they are posed with real-life financial concerns that they must find answers to.



SHOUT It Out (Scholarship Opportunity)

Have something on your mind? Let it out, or better yet SHOUT it out. Give your thoughts a voice and earn free college money at the same time.

Our Shout It Out Scholarship committee wants to know what you have to say. Whether it's a message for the world or just a quick "hi mom," this is your opportunity to speak up and win money for college. We're listening!

Let your keyboard be your megaphone, and shout out your message. This unique scholarship gives you the platform to speak up - and cash in. The "loudest" applicant will receive the \$1,500 Shout It Out Scholarship reward.

Applicants must:

- Be thirteen (13) years of age or older at the time of application
- Be legal residents of the fifty (50) United States or the District of Columbia
- Be currently enrolled (or enroll no later than the fall of 2022) in an accredited post-secondary institution of higher education

Application Deadline: September 30, 2017

Submit an online short written response (250 words or less) for the question:

"If you could say one thing to the entire world at once, what would it be and why?"

The Shout It Out Scholarship winner will be notified by email or phone on or around December 30, 2017.

To apply, or to see many other scholarship opportunities, go to **Unigo.com**

Counseling Groups Now Forming!

The counseling office is getting ready to start some groups for the new school year. Ms. Harper will be starting a grief group around the middle of September. This group will take place usually once a week and run for 8 weeks, during school hours. Students will miss different classes in their schedule each week and they will be responsible for making up the work they miss during group. This group is meant to help students who are struggling with losing an important person in their life; this could include a parent, guardian, grandparent, sibling, etc. If you are interested in having your student participate in this group, please email Ms. Harper at markie.harper@jordandistrict.org or call her at [801-412-2481](tel:801-412-2481). Other groups that will be started include managing stress, making friends and study skills. For more information or to have your child join a group, talk to your student's counselor or call the counseling office at 801-412-2485.

The Book Whisperer

Do you love to read? Do you like to talk about good books with others?

Join Book Whisperers!



We meet every Tuesday after school from 3:00-3:30 in the Jungle Pod (south 7th grade pod). All grades are invited! You can join at any time. See you there!

First meeting: Tuesday, September 5th at 3 p.m.

It is NEVER too early to start thinking about what college you would like to attend! Plan now for the:

UTAH COLLEGE FAIR

Saturday, September 23, from 11:30 - 3:30 p.m. @ Juan Diego High School in Draper. It is FREE and open to the public, for students in 6th through 12th grades and their parents.

You will have the opportunity to:

- * Attend a Financial Aid workshop
- * Meet representatives from 70+ Colleges and Universities
- * Learn about admission requirements and much, much more.



Registering to attend the college fair in advance is free, easy, and saves you time and effort when meeting with college representatives at the fair. Registering online at www.gotocollegefairs.com gathers basic information and allows the student to then print a bar code. This allows the college representatives they choose to scan the bar code at the fair to put the student on their “prospective student” list.

FOR ADDITIONAL INFORMATION CONTACT: Sari Rauscher, Committee Chair, 801-816-2248 or sarirauscher@waterfordschool.org

School Musical is Coming: Cinderella!

Auditions for the school musical are Sep 5-8 after school. Sign-up sheets are on the bulletin board by the auditorium. Our musical is Rodgers and Hammerstein's Cinderella.

