

A newsletter from your counselors

March 2012

FAB Anti-Bullying Textline  
385-226-8186

Recognize the good deeds of your classmates!! **Report acts of kindness & empathy to the text line.** All those who receive an Empathy Band are entered in to receive a **CAFÉ RIO** gift certificate. Remember, to **STEP IT UP!** If you have already received an Empathy Band, challenge your friends to do the same. See if you can each do random acts of kindness to make Sunset Ridge a FANTASTIC place to go to school.

What do you get when you cross poison ivy with a four-leaf clover? A rash of good luck. ~Author Unknown

Compassion begins by **observing** the suffering of others, **identifies** with that suffering as if it were my own, and **then acts** to alleviate the cause of the suffering.



### Jordan District Middle School Art Show

When: April 13 - April 20

Where: South Towne Mall

### 13th Annual American Indian Leadership Conference

March 31, 2012

Utah Valley University

10:00 am—2:00 pm

Talk to Mrs. Scherzinger for more Information

### ARMED SERVICES YMCA ESSAY CONTEST

For dependents of active duty or retired military personnel from the Army, Navy, Marines, Air Force, Coast Guard or National Guard/Reserves. 300 - 500 word essay on "My Military Hero." 1 @ \$1000, 1 @ \$200; 2 @ \$100. All awards are savings bonds.

[www.asymca.org](http://www.asymca.org)

POSTMARKED by March 16, 2012

## March Calendar



- February 28 Student Led Conferences 4 - 8 pm
- February 29 Student Led Conferences 4 - 7:30 pm
- March 2 No School
- March 5 MESA Parent Night @ Multicultural Ctr
- March 7 Choir Festival at Joel P Jensen
- March 8 Standing Tall AI/AN, 9:00 am
- March 8 Orchestra & Band Showcase, 6:00 pm
- March 9 Progress Reports
- March 13 7th Grade SEOPs, Mrs. Gamble's class
- March 14 La Caille Assembly for French Students
- March 14 Band Festival, WJMS
- March 15 Sign up for Summer PST, 4:00 pm @ [Jordandistrict.org](http://Jordandistrict.org), \$120 fee
- March 15-16 LAST DAYS TO HAND IN LATE WORK
- March 19-30 No I-Flight
- March 21 Orchestra Festival, SRMS
- March 21 School Community Council, 5:00 pm
- March 23 End of 3rd Quarter
- March 26 No School
- March 28 3 B's: Bullying Scene, 6:00 pm
- March 29 Jazz Band Festival, ERMS, 4:00 pm

#### UPCOMING EVENTS:

- April 5-9 SPRING BREAK (Yippee!)
- April 16 Dance Class field trip to CHHS



#### Summer USTAR Classes available:

Earth Systems, Biology, Chemistry, Physics, Secondary Math I Honors (to prepare a student going from Math 8 to Second Math I Honors...NOT CREDIT-RECOVERY)

Go to <http://srms.info/wp-content/uploads/2011/03/USTAR-REG.pdf> for application. DUE MAY 18th

### NATIONAL WWII MUSEUM ESSAY CONTEST

"What WWII invention or innovation has had the greatest impact on your life?"

MARCH 30 Deadline

In 1000 words or less, address the topic of the year. Judged for originality, clarity of expression, adherence to contest theme, historical accuracy, grammar, spelling and punctuation. Museum will accept the first 500 valid entries. 1st = \$1000; 2nd = \$750; 3rd = \$500.

[www.nationalww2museum.org/education/for-students/essay-contest/studentessays.html](http://www.nationalww2museum.org/education/for-students/essay-contest/studentessays.html)

2012 marks the 100th anniversary of the birth of Alan Turing, the father of the computer, the 70th anniversary of the first use of penicillin to save someone's life, and also the 70th anniversary of the world's first sustained nuclear chain reaction. Throughout WWII, science and technology produced an astounding amount of invention and innovation. Many of those inventions and innovations were forerunners of our modern science and technology. As The National WWII Museum launches a series of new STEM-based programs this year, we call on students to answer the question, "What WWII invention or innovation has had the greatest impact on your life?"

A Tribute to Mrs. Richmond

### MRS. RICHMOND

Abraham Lincoln and slavery, the constitution and democracy, prompt and response and literacy are a few of the things she teaches to me.

Of history old she knows quite a bit, it all comes alive in the desk where I sit.

I know she cares 'cause she won't let me fall, even when I am lazy she helps me to do it all.

So thank you for this year I'll try to do my best to learn from the past and not forget after the test.

Anonymous

La Caille Assemblée pour les étudiants Français, March 14th, during I- flight. Au revoir.

The Wasatch Front Regional  
**Extreme Health Tour '12**  
Blood and Cuts Explained!!!

Hands-on Workshops to Introduce You to Healthcare Careers!  
Scrubs included!

Coming to a School Near You! See your counselor to register!  
Space is limited! 8th & 9th Grade Only! March 30th Deadline!

Though green is a very popular color on St. Patrick's Day, the original color that was very popular and often related back to St. Patrick was not green, but blue. In Irish folklore, green is known as being worn by immortals and fairies, and often signified new life and crop growth. In Chicago, the Chicago River is dyed green using 40 pounds of green vegetable dye.



**LOGO CONTEST**  
The Counseling Center is holding a contest to find the best Logo for 2012-13 T-Shirts.  
Logo must include:  
**Falcons Against Bullying**  
**"Not In Our School"**  
**SRMS**  
Keep it Simple! Be Creative!!

In the set of addition problems below, each letter stands for a digit 1 through 9.  
Using the results from all 5 problems, what does each letter represent?

T + O + S + S = 22  
S + H + O + P = 30  
H + O + B + O = 28  
B + A + I + T = 10

**Bully Textline**  
Use it when needed!!!  
385-226-8186



Congratulations to Lee Stam, our day-assistant custodian, who received the District Custodian of the Month Award! Lee always goes the extra mile, no matter what the circumstances. He gives 110%! We are so lucky to have you! Congratulations!!

### Latinos in Action

On March 12th, during I-flight, in the auditorium, a representative from CHHS will be introducing a class that is offered for 10-12 graders at CHHS. It is called Latinos in Action.

A pioneering program started by Mountain View High School assistant principal Jos Enriquez is not only enabling students to tutor young Latinos at Orem schools, for some it's changing the way they think.

"The best part is these students grow immensely, not only academically, but they begin to see themselves in a new light," Enriquez said. "They see the importance of who they are and how important it is to be bilingual." (Daily Herald)

**Be Brilliant!**  
1st Place: \$250, 2nd Place: \$150, 3rd Place: \$100  
USCA wants to know how your school counselor (past/present) has helped you "Be Brilliant." This contest is open to all Utah students in high school and middle school.  
Submissions will be accepted February 13, 2012-May 1, 2012  
For contest details visit: [www.utschoolcounselor.org](http://www.utschoolcounselor.org) or [www.facebook.com/USCA2012](http://www.facebook.com/USCA2012)

Video Contest

**Good LUCK** to all students participating in the District Choir, Band and Orchestra Festival in March



For questions regarding the New Century Scholarship or Regents Scholarship contact Nancy at 801-321-7221, or visit [http://www.higheredutah.org/scholarship\\_info/](http://www.higheredutah.org/scholarship_info/)

**The 3 B's: Bully, Bullied & the Bystander**  
When: Wed, March 28th, 6:00 pm  
Where: SRMS Auditorium  
Don't miss this gripping performance bringing to light the issue of bullying.

The four leaves of the clover represent faith, love, hope, and of course, luck. Because of this, the shamrock has continued to be very popular in the Irish culture. When the Irish were under control of the English, many silent protests were held, and each person would wear a shamrock pinned to their shirt. From then on the shamrock has become a very well-known symbol that represents Ireland and the Irish people.

